



U.S. Congressman  
**Nick Rahall**  
*WORKING FOR WEST VIRGINIANS*

**FOR IMMEDIATE RELEASE**

**MAY 8, 1991**

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**FREE CONSUMER INFORMATION CATALOGS NOW AVAILABLE**

WASHINGTON, D.C. -- The new Consumer Information Catalogs are now available according to U.S. Rep. Nick Rahall (D-WV).

You can get a copy of the free Consumer Information Catalog by sending your name and address to Consumer Information Catalog, Pueblo, Colorado, 81009.

"The Consumer Information Catalog is invaluable tool that can be used to gain information on anything from home improvements to vacation get-aways," said Rahall.

Here are some of publications you can order:

- o The National Wildlife Refuge System
- o A Guide to Your National Forests
- o The National Park System Map and Guide
- o Lesser Known Areas of the National Park System

Also available:

- o Backyard Bird Feeding
- o Introduction to Stamp Collecting
- o Growing Vegetables in the Home Garden

... and many more.

The Consumer Information Center of the General Services Administration revises and publishes the Catalog quarterly. So send for it today, or just call (719) 948-4000.

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## NEW FOR CONSUMERS

### Highlights of Federal Consumer Publications

Consumer Information Center, U.S. General Services Administration

For additional information, call Mike Gill at (202)501-1794

#### THE FREE CONSUMER INFORMATION CATALOG SPRING 1991

"To everything, turn, turn, turn. There is a season, turn, turn." So goes the song, and with the turn of every season comes a new edition of the free **Consumer Information Catalog**. And with every turn of the spring '91 **Catalog's** pages, you'll find new and helpful publications on everything from your auto emissions warranty and health benefits to the National Wildlife Refuge system.

You can get a copy of the free **Consumer Information Catalog** by sending your name and address to **Consumer Information Catalog, Pueblo, Colorado, 81009**. Or call (719)948-4000 from 9AM to 5PM eastern standard time. This number is to order the **Catalog** only.

If spring has you thinking about sunshine and being outdoors, the **Catalog** has several publications for you. Start with **The National Wildlife Refuge System** (Item 468X, 50¢). This colorful guide explains why America has set aside land to protect wildlife and shows where refuges are located all across the country so you can visit for both recreation and education. Lots of other publications in the **Catalog** can help you experience the great outdoors--such as **A Guide to Your National Forests** (Item 148X, \$1.00); the **National Park System Map and Guide** (Item 151X, \$1.25); and the **Recreation Guide to Bureau of Land Management Public Lands** (Item 153X, \$1.50). If you really want to get away from civilization, look into **Lesser Known Areas of the National Park System** (Item 149X, \$1.50)--a guide to beautiful National Park System sites that fewer people visit.

But the outdoors aren't just for great vacations; you can also experience a little bit of nature in your own back yard. **Backyard Bird Feeding** (Item 558X, free) and **Homes for Birds** (Item 572X, free) are two free publications that can help you attract beautiful birds to your own little piece of nature. They even provide tips on foods and bird house designs that will attract different species of birds! You might also be



## SPRING 1991 CONSUMER INFORMATION CATALOG / ADD ONE

interested in waterfowl. If so, turn to the free **Duck Stamp Story** (Item 559X, free) to learn about waterfowl and wetlands conservation programs and the annual stamp series that helps to fund them.

The **Catalog** offers publications on hobbies, too. For example, you might want to take up stamp collecting. If so, order **Introduction to Stamp Collecting** (Item 472X, 50¢). The booklet demystifies the terms of the trade and provides guidelines for starting your own collection. And when beautiful spring days draw you outside again, get a copy of **Growing Vegetables in the Home Garden** (Item 147X, \$2.25). This booklet tells you how to go about growing a variety of vegetables. It also suggests varieties that are especially adapted for different parts of the country.

Everyone knows outdoor air is fresher than the air inside. But did you know that indoor air can at times be harmful to your health? To learn more, get a copy of **The Inside Story: A Guide to Indoor Air Quality** (Item 470X, 50¢). Certainly one of the most common indoor environmental hazards is asbestos. If you want to know about the removal of asbestos in the schools and how you can help, send for a copy of **The ABCs of Asbestos in the Schools** (Item 162X, \$2.50).

Do all these publications seem to have very little in common? If so, keep in mind that they have one very important thing in common: they're all in the free, spring **Consumer Information Catalog!** The Consumer Information Center of the General Services Administration revises and publishes the **Catalog** quarterly, so you know it's up-to-date. And remember, you can get your copy of the free **Catalog** by sending your name and address to **Consumer Information Catalog, Pueblo, Colorado 81009**. Or, if you'd rather order by phone, just call (719)948-4000 from 9AM to 5PM eastern standard time. This is a toll call.

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*PLEASE NOTE: IF YOU'D LIKE TO TELL YOUR READERS HOW TO ORDER ANY OF THE INDIVIDUAL PUBLICATIONS MENTIONED ABOVE, TELL THEM TO SEND THEIR NAME, ADDRESS, THE ITEM NUMBER OF THE PUBLICATION, AND ANY FEES, TO R. WOODS, CONSUMER INFORMATION CENTER, PUEBLO, COLORADO 81009.*